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R.I.DIST. 3181

VOL. 39

ISSUE - 30

24<sup>th</sup> January 2026 to 30<sup>th</sup> January 2026

**AYURVEDIC MEDICAL HEALTH CHECKUP CAMP**

A free Ayurvedic Medical Health checkup camp was held by our club at Laxmi Clinic, Carstreet on Thursday, the 24<sup>th</sup> of January 2026 from 9.00 a.m. to 12.00 p.m. Present on the occasion were Club President Rtn Bhaskar Rai Katta, Club Secretary Rtn Vikas Kotian, Zonal Lieutenant Zone -2 RI Dist 3181 2025 -26, Rtn PP PHF Ravi Jalan, Rtn PP PHF Brian Pinto, Rtn MPHFB.N. Ravindra, Rtn PP Saibaba Rao, Rtn PP Rajesh Shetty, Rtn PP PHF Santhosh Shet, Rtn PHF Rajesh Seetharama, Rtn Harish Acharya, Rtn Geetha Rai, Ann Prameela Shetty and Dr. Jyothi. 144 patients benefitted from the Camp.

**DONATION OF ALMIRAH, PROVISION OF LUNCH TO STUDENTS OF ANGANWADI KAPIKAD BY THE CLUB AND WORKING JOURNALISTS ASSOCIATION MANGALURU IN ANGANWADI KAPIKAD ON MONDAY, THE 26<sup>th</sup> JAN -2026, AT 12.00 NOON**

Our Club Jointly with the DK Working Journalists Association donated an Almirah costing by Rs. 10000/- to Anganawadi Kapikad on Monday, the 26<sup>th</sup> Jan -2026. at 12.00 Noon, We also sponsored the lunch of 25 Students of the School (Costing Rs. 5000/-) Present on the occasion were Club President Rtn Bhaskar Rai Katta, Club Secretary Rtn Vikas Kotian, Zonal Lieutenant Zone -2 RID 3181 2025-26 Rtn PP PHF Ravi Jalan, Rtn PP PHF Santhosh Shet, Rtn Srinivas Nayak, Rtn Pusparaj, Mr. Harish Rai and Mrs. Nanda Devi.

**PRACTICING YOGA IS GOOD FOR HEALTH – SMT DEVIKA PURUSHOTHAM**

Club President Rtn. Bhaskar Rai presided over the monthly family dinner meeting of our club on 23.01.2026 held at Hotel Sea View, Mangaluru at 08:00 p.m. In his address, he welcomed all the members and guests and revealed the forth coming events and projects of our club and also conducted the meeting proceedings. Secretary Rtn. Vikas Kotian presented the monthly report of our club and announced the birthdays and wedding anniversaries of club members and wished them on behalf of the club. Treasurer Rtn PHF Rajesh Seetharam presented the monthly financial report of our club. On this occasion, our club's weekly bulletin "Centor" was released which was edited by Rtn. M.D. P.D.G. Dr. Devdas Rai. On this occasion, Yoga Expert Trainer Smt. Devika Purushotham was a Guest of Honour, and she delivered a very informative guest lecture on various aspects of Yoga and it's health benefits. "It keeps you fit", she added. The dinner was hosted by Zonal Leutenant Rtn. PHF Ravi Jalan, Rtn. PHF Srinivas Shetty and Rtn. K.N. Manjunath. They were presented with the mementos by the Charter President Rtn MPHFB Premnath Kudva. Earlier, Rtn. Janardhan Alva rendered the invocation. Rtn. Jagannath Shetty proposed a vote of thanks. The Meeting was adjourned, followed by National Anthem. Karaoke Singer Hemanth entertained the audience with his melodious Hindi and Kannada Film Songs.

**RTN PDG MD DR. B DEVADAS RAI EXCHANGES OUR CLUB FLAG WITH RTN DR. SAMEER NAG OF ROTARY CLUB OF AGARTALA CITY RID 3240 ON SATURDAY, THE 24<sup>th</sup> JANUARY 2026 AT ROYAL CLUB OF AGARTALA AT 9.00 P.M.**

Our club service Director and Bulletin Editor Rtn PDG MD Dr. B Devadas Rai Exchanged our Club flag with the Vice President of the Rotary Club of Agartala City, Rtn Dr. Sameer Nag, The club Flag of Rotary Club of Agartala City RID 3240 in the Weekly Club Meeting of the Rotary Club of Agartala City held at Royal Club Agartala on Saturday, the 24<sup>th</sup> of January 2026 at 9.00 PM.

**RTN DR. JYOTHI INDUCTED TO OUR CLUB IN THE FAMILY DINNER MEETING HELD AT HOTEL SEA VIEW MANGALURU ON FRIDAY, THE 23<sup>rd</sup> OF JANUARY 2026 AT 8.30 P.M.**

Rtn Dr. Jyothi (Classification - Ayurveda) was inducted to our club in the club family dinner meeting held at Hotel Sea View on the 23<sup>rd</sup> of January 2026 at 8.30 p.m. With the addition of her to the club (6th Lady member of our club), the Club strength is 70. Welcome to the club Rtn Dr. Jyothi!

**ZONAL REVIEW OF MEETING**

The Zonal review meeting of RI Dist 3181 Zone 2,3 for the month of January was held at Officer Club Hathill on Saturday the 24<sup>th</sup> of January 2026 at 7.30 pm. The meeting was conducted by Assistant Governor Zone 2 RI Dist 3181 2025-26. Rtn PHF Chinnagiri Gowda, Assistant Governor Zone -2, RID Dist 3181 2025 - 26 Rtn MPHFB Shantharam Shetty, Assistant Governor, Zone 3 RI Dist 3181, Rtn MD Ranjani Bhat and Assistant Governor, Zone 3, RID Dist 3181 2025 - 26 Rtn PHF Dr. Ravishankar Rao. Zonal activities for the month fo January were discussed in the meeting. The meeting was hosted by Rotary Clubs of Baikampady and Surathkal. Our club was represented by Zonal Lieutenant Zone -2 3181 2025 - 26, Rtn PP PHF Ravi Jalan and Club Secretary Rtn Vikas Kotian.

**CLUB DONETES AN ARTIFICIAL LIMB COSTING Rs 2.1 LAKHS TO Mr. BABU**

Our club donated an artificial limb costing Rs 2.1 lakhs to Mr. Babu in premises of Sourabh Clinic, Mahendra Arcade on Wednesday, the 28<sup>th</sup> of January 2026 at 5pm. Present on the occasion were Rtn PDG MD Prof Dr B Devdas Rai, Rtn PP PHF Santhosh Shet, Club Secretary Rtn Vikas Kotain, Rtn MV Mallya, Mr Raymond, Mr Balakrishina and Mr Prakash. The cost of the project (Rs. 2.1 lakhs) was borne by Mr Prasanna Poonja. We thank him for his generosity!

## MEMBERS/ANNS/ANNETS/JOHNS/LORDS IN THE NEWS

- Rtn PDG MD Prof. Dr. B Devadas Rai was a resource person in a National Continuing Medical Education Program held at Shantinikethan Medical College Agartala from 24<sup>th</sup> January to 25<sup>th</sup> January -2026. Many Congratulations Rtn Dr. Rai!
- **Rtn PDG MD Prof. Dr. B Devadas Rai was felicitated by the Rotary Club of Agartala City at Royal Club Agartala on Saturday, the 24<sup>th</sup> of -January 2026 at 8.30 p.m Many Congratulations Rtn Dr. Rai!**
- Rtn PDG MD Prof. Dr. B. Devadas Rai hoisted the National Flag on the occasion of the 77th Republic Day of India Celebration held at Planet SKS Apartment on Monday, the 26<sup>th</sup> of January 2026 at 9 AM . Many Congratulations Rtn Dr. Rai!
- Rtn PDG MD Professor Dr. B. Devadas Rai was the Chief Guest of the family dinner meeting of the Rotary club of Derlakatte held at Kuthar on Wednesday, the 28<sup>th</sup> of January 2026 at 8 pm. Many Congratulations Rtn Dr. Rai!
- **Rtn PP MPH F Premnath Kudva was felicitated by the Rotary Club of Mangalore on Thursday, 22nd January 2026 at Hotel Ocean Peral at 8.00 p.m. Many Congratulations Rtn Kudva!**
- Rtn PP MPH F Dr. Chandrakanth Bhat was the anchor of NRI Money Clinic Broadcasted on 27.1.2026 and 29.1.2026 . Many Congratulations Rtn Dr. Chandrakanth Bhat!
- Rtn PP PHF Dr. Manjunath Revankar presided over the 77<sup>th</sup> Republic Day celebration of Suraj Group of Institutions held at the institute campus on Monday, 26<sup>th</sup> of Jan-2026 at 9 am. Many Congratulations Rtn Dr. Revankar!
- Rtn. PHF S.S. Nayak was the Anchor of "Business Tonic" programme Broadcasted by Namma Kudla 24 x 7 News Channel on Sunday, 25.01.2026 at 10.00 a.m. Many Congratulations Rtn S.S. Nayak!
- Rtn Jackson Saldanha to toured Dubai recently . Many Congratulations Rtn Jackson!

## **BIRTHDAYS**

24<sup>th</sup> Jan 2026: Rtn PHF Prameela (W/o. Rtn PP PHF K.M. Hegde)  
25<sup>th</sup> Jan 2026: Annet Sanjana (D/o. Rtn Jagannath Shetty)  
26<sup>th</sup> Jan 2026: Rtn Sudhir Shetty  
27<sup>th</sup> Jan 2026: John Leon (D/o. Rtn Lestern Joy DSouza)  
29<sup>th</sup> Jan 2026: Prajwal (S/o. Rtn PP PHF K.M. Hegde)

## **WEDDING ANNIVERSARY**

26<sup>th</sup> Jan 2026: Ann Dr. Supriya and Rtn MD PDG Dr. Prof Devdas Rai

*With Best Compliments From:*

# **Rtn. PHF S.S. NAYAK**

Vocational Service Director, Rotary Club of Mangalore Central

## **BOARD MEETING**

5.2.2026 Thursday - Hotel Woodlands - 8 PM the meeting of the Board of Directors of the club for the month of February would be held at Hotel Wood lands on Thursday, the 5th of Feb -2026 at 8 PM. All Board Members are requested to attend without fail.

## **THIS MEETING**

30.01.2026 - FRIDAY - IN VIEW OF SNEHA SOURABHA, RI DIST 3181 CONFERENCE TO BE HELD AT MYSURU FROM 30.01.2026 TO 01.02.2026, THE WEEKLY CLUB MEETING OF OUR CLUB TO HELD ON 30.01.2026 HAS BEEN CANCELLED

## **NEXT MEETING**

06.2.2026 FRIDAY HOTEL DEEPA COMFORTS 7.30 PM BUSINESS MEETING - PLEASE ATTEND.  
8.00 PM - CLUB ASSEMBLY CONDUCTING BY RTN PHF CHINNAGIRI GOWDA ASSISTANT GOVERNOR ZONE -2 RI DIST 3181 - ASSISTANT GOVERNOR ZONE -2 RI DIST. 3181 - 2025-26 RTN PHF CHINNAGIRI GOWDA (ROTARY CLUB OF MANGALORE SUNRISE) WILL BE CONDUCTING A CLUB ASSEMBLY IN THE WEEKLY CLUB MEETING TO BE HELD AT HOTEL DEEPA COMFORTS MANGALORE ON FRIDAY THE 6TH OF JANUARY 2026 AT 8 PM THIS IS A PREPARATORY CLUB ASSEMBLY PRIOR TO THE OFFICIAL VISIT OF RI DIST 3181 GOVERNOR 2025 - 26 RTN MD RAMAKRISHNA (ROTARY CLUB OF MYSORE MIDDTOWN) TO OUR CLUB ON FRIDAY THE 13<sup>th</sup> OF JANUARY 2026 ALL MEMBERS ARE REQUEST TO ATTEND.

Published by: **Rtn. BHASKAR RAI KATTA**

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